



Accidents:

Our team of expert therapists will design a treatment plan based on your accident needs and goals. We will work together with your case manager and/or adjuster to help you return to all your normal functional activities.

Direct Billing

We offer direct billing to most extended health insurance companies, automobile insurance and WSIB.

Amenities

Sauna, Private Showers and Toiletries, Towels, Patient Gowns, Private Washrooms, Wheelchair Accessible, High Speed WIFI, Free parking, Warm and Cold Soft drinks.

Gift Certificate

Available for purchase in any dollar denomination.

Cancellation

To avoid cancellation charges, please notify us no later than 24 hours prior to your appointment.

Hours of Operation

Monday - Friday | 8:30am - 7:00pm

Saturday - Sunday | 8:30am - 4:00pm



2 LOCATIONS TO SERVE YOU:

101 - 4651 Sheppard Ave East,
Toronto ON M1S 3V4

1-1221 Markham Road,
Toronto ON M1H 3E2

416.357.2808

www.prolifewellnesscentre.com

info@prolifewellnesscentre.ca



**OPEN
7 DAYS**

Services and hours may differ depending on location.

Come Feel The Difference!



PAIN?
WE CAN HELP YOU!



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About Us:

Pro Life Wellness Centre has highly trained professionals who have been successfully treating patients since 2012. As we are a unique physiotherapy wellness clinic, our practice is built on honesty and integrity. We thoroughly evaluate and treat all contributing root factors relating to your issues. We are one of the most advanced clinics and carry the latest equipment which helps our team diagnose and treat back pain, spinal problems, neck pain and much more. We are proud to offer a wide range of comprehensive services to meet the needs of all adults, seniors and pediatrics. Our team will use the latest healing techniques to restore you to pain free health, quickly and easily.

Physiotherapy:

Physiotherapy at our clinic involves a variety of specialized treatment techniques including modalities, exercise therapy, posture, gait, balance and coordination retraining; and manipulations, and mobilizations of tissues and joints.

Chiropractic:

Chiropractic is a non-invasive, hands on health care discipline that focuses on the neuro muscular systems. Doctors of Chiropractic are specifically trained to detect and correct problems in the spine, often before the patient is even aware that it exists. Chiropractors may also employ modalities as additional treatment.

Acupuncture:

Acupuncture is used to encourage natural healing, improve mood and energy, reduce or relieve pain and improve function of the effected areas of the body. It is a safe, effective and often successfully use as an alternative to medications or even surgery.

Massage (RMT)

Our massage therapists utilize a wide variety of therapy techniques including: deep tissue, Swedish, relaxation, trigger point, lymphatic drainage, pre/ post natal massage and fire cupping. We also offer couples massage in a relaxing setting so that you and your partner may relax and enjoy a massage together in the same room.



Spinal Decompression Therapy:

At Pro Life Wellness Centre we use a state of the art spinal decompression table for patients who suffer from chronic pain associated with bulging, degenerating, or herniated discs. Our spinal decompression table uses highly computerized sensors to perform stretching actions on the spine, promote healing, and can be used as a method of treatment to prevent spinal surgery.



Orthotics/Braces

Orthotics and braces are efficient ways to relieve pain. Our foot specialist will assess the root problem and offer solutions using custom & non-custom bracing, custom orthotics, and orthopedic footwear. We offer great deals for all our customized products.



Modalities:

- Spinal Decompression Therapy
- Shockwave Therapy
- Laser Therapy
- Ultrasound
- Interferential Current (IFC)
- Transcutaneous Electrical Nerve stimulation (TENS)
- Electrical Muscle Stimulation (EMS)
- Paraffin Wax Therapy
- Air/Fire Cupping